

Week Comm 23 March 2026 Wk 1



Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Monday	23/03/2026	1	7 Cromer Cobras	6 Red Knights	Jets	NU Royal	Hellesdon High
Wednesday	25/03/2026	1	8 Jets	4 Stars	Red Knights	NU Yellow	UEA
Wednesday	25/03/2026	1	1 NU Blue	3 TB Mustangs	Sirens	Hotshots	UEA
Wednesday	25/03/2026	1	2 NU White	5 TB Racers	Sonics	Premier	UEA
Monday	23/03/2026	2	15 Cliff Park	11 TB Colts	Black Knights	TB Mustangs	Open
Tuesday	24/03/2026	2	12 NU Yellow	16 Sirens	Stars	TB Racers	UEA
Tuesday	24/03/2026	2	9 Phoenix	13 Sonics	NU White	NU Blue	UEA
Tuesday	24/03/2026	2	14 NU Royal	10 Black Knights	NU Ruby	TB Colts	Hellesdon High
Tuesday	24/03/2026	3	18 Venus	17 Blades	Cromer Cobras	Watton Wolves	Open
Tuesday	24/03/2026	3	19 Premier	22 Wrens	TB Shetlands	Doves	Hellesdon High
Tuesday	24/03/2026	3	23 Hotshots	20 White Knights	Belton	Hornets	Open
Monday	23/03/2026	3	21 Belton	24 Icenians	White Knights	Venus	Open
Wednesday	25/03/2026	4	31 Trailblazers	32 Red Hot Chillies	Trowse	Blades	Hellesdon High
Wednesday	25/03/2026	4	25 NU Ruby	26 TB Shetlands	Hethersett Rockets	Cliff Park	UEA
Tuesday	24/03/2026	4	27 Falcons	28 Hethersett Rockets	Icenians	NCF Emerald	City
Wednesday	25/03/2026	4	29 NCF Emerald	30 Watton Wolves	First Home Improvements	TB Ponies	Hellesdon High
Wednesday	25/03/2026	5	39 Tigers	38 NU Red	Gems	Dragons	Hellesdon High
	#N/A	5	36 TB Fillies	40 BYE WEEK	#N/A	#N/A	
Monday	23/03/2026	5	33 Hornets	35 Gems	Falcons	Trailblazers	Open
Tuesday	24/03/2026	5	37 First Home Improvemen	34 NU Amber	Red Hot Chillies	TB Fillies	Open
	#N/A	6	46 Doves	47 BYE WEEK	#N/A	#N/A	
	#N/A	6	44 Cromer Vipers	48 BYE WEEK	#N/A	#N/A	
Monday	23/03/2026	6	41 Dragons	43 Trowse	NU Red	Cromer Vipers	Hellesdon High
Monday	23/03/2026	6	45 NCF Onyx	42 TB Ponies	Wrens	Phoenix	Hellesdon High

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30 March 2026 Wk 2



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Tuesday	31/03/2026	1	4	Stars		7 Cromer Cobras	NU Blue	NU White	UEA
Wednesday	01/04/2026	1	8	Jets		2 NU White	Red Knights	TB Mustangs	UEA
Wednesday	01/04/2026	1	1	NU Blue		5 TB Racers	Stars	NU Yellow	UEA
Tuesday	31/03/2026	1	6	Red Knights		3 TB Mustangs	TB Racers	Venus	UEA
Tuesday	31/03/2026	2	14	NU Royal		11 TB Colts	Jets	Black Knights	Hellesdon High
Tuesday	31/03/2026	2	12	NU Yellow		9 Phoenix	NU Ruby	TB Shetlands	UEA
Tuesday	31/03/2026	2	13	Sonics		16 Sirens	Doves	NU Amber	Hellesdon High
Monday	30/03/2026	2	15	Cliff Park		10 Black Knights	TB Colts	White Knights	Open
Wednesday	01/04/2026	3	24	Icenians		20 White Knights	Cromer Cobras	Sonics	Open
Tuesday	31/03/2026	3	17	Blades		22 Wrens	Belton	TB Ponies	Open
Monday	30/03/2026	3	21	Belton		18 Venus	NU Royal	Sirens	Open
Tuesday	31/03/2026	3	23	Hotshots		19 Premier	TB Fillies	NU Red	Open
Wednesday	01/04/2026	4	28	Hethersett Rockets		26 TB Shetlands	Phoenix	Blades	Hellesdon High
Tuesday	31/03/2026	4	30	Watton Wolves		32 Red Hot Chillies	Cliff Park	Icenians	UEA
Wednesday	01/04/2026	4	25	NU Ruby		27 Falcons	Premier	Wrens	UEA
Wednesday	01/04/2026	4	29	NCF Emerald		31 Trailblazers	Hotshots	Tigers	Hellesdon High
Monday	30/03/2026	5	36	TB Fillies		39 Tigers	Hethersett Rockets	NCF Emerald	Open
0	#N/A	5	40	BYE WEEK		34 NU Amber	#N/A	#N/A	
Tuesday	31/03/2026	5	33	Hornets		37 First Home Improveme	Falcons	Trailblazers	Open
Wednesday	01/04/2026	5	35	Gems		38 NU Red	Red Hot Chillies	First Home Improvements	UEA
	#N/A	6	44	Cromer Vipers		47 BYE WEEK	#N/A	#N/A	
0	#N/A	6	48	BYE WEEK		42 TB Ponies	#N/A	#N/A	
Monday	30/03/2026	6	41	Dragons		45 NCF Onyx	Trowse	Gems	Hellesdon High
Thursday	02/04/2026	6	43	Trowse		46 Doves	Dragons	Cromer Vipers	Hellesdon High

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13 April 2026 Wk 3



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue	UMP1	UMP2
Wednesday	15/04/2026	1	8	Jets	7	Cromer Cobras	Stars	Red Knights	UEA	4	6
Tuesday	14/04/2026	1	4	Stars	6	Red Knights	NU Blue	TB Racers	UEA	1	5
Wednesday	15/04/2026	1	1	NU Blue	2	NU White	TB Colts	NU Yellow	UEA	11	12
Wednesday	15/04/2026	1	3	TB Mustangs	5	TB Racers	Sonics	Sirens	Sprowston	13	16
Monday	13/04/2026	2	15	Cliff Park	12	NU Yellow	NU White	TB Mustangs	Open	2	3
Tuesday	14/04/2026	2	9	Phoenix	14	NU Royal	Jets	Hotshots	UEA	8	23
Tuesday	14/04/2026	2	13	Sonics	10	Black Knights	NU Ruby	NU Amber	Open	25	34
Monday	13/04/2026	2	16	Sirens	11	TB Colts	Black Knights	NU Royal	Open	10	14
Wednesday	15/04/2026	3	24	Icenians	23	Hotshots	Venus	Premier	Open	18	19
Tuesday	14/04/2026	3	19	Premier	18	Venus	Cromer Cobras	Belton	Hellesdon High	7	21
Tuesday	14/04/2026	3	22	Wrens	20	White Knights	Hornets	NU Red	Open	33	38
Wednesday	15/04/2026	3	17	Blades	21	Belton	White Knights	TB Shetlands	Hellesdon High	20	26
Tuesday	14/04/2026	4	27	Falcons	26	TB Shetlands	Blades	Icenians	City	17	24
Wednesday	15/04/2026	4	32	Red Hot Chillies	29	NCF Emerald	Doves	Cliff Park	Sprowston	46	15
Tuesday	14/04/2026	4	30	Watton Wolves	31	Trailblazers	Hethersett Rockets	NCF Emerald	UEA	28	29
Wednesday	15/04/2026	4	28	Hethersett Rockets	25	NU Ruby	Wrens	Watton Wolves	Hellesdon High	22	30
0	#N/A	5	40	BYE WEEK	39	Tigers	#N/A	#N/A		0	
Thursday	16/04/2026	5	36	TB Fillies	38	NU Red	Gems	First Home Improvement	Sprowston	35	37
Monday	13/04/2026	5	33	Hornets	34	NU Amber	TB Fillies	Trailblazers	Open	36	31
Monday	13/04/2026	5	35	Gems	37	First Home Improvement	Red Hot Chillies	Phoenix	Hewett	32	9
0	#N/A	6	48	BYE WEEK	47	BYE WEEK	#N/A	#N/A		0	
Monday	13/04/2026	6	44	Cromer Vipers	46	Doves	Tigers	Trowse	Hellesdon High	39	43
Monday	13/04/2026	6	41	Dragons	42	TB Ponies	Falcons	NCF Onyx	Hellesdon High	27	45
Wednesday	15/04/2026	6	45	NCF Onyx	43	Trowse	Dragons	Cromer Vipers	Hellesdon High	41	44

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20 April 2026 Wk 4



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Tuesday	21/04/2026	1	4	Stars	5	TB Racers	NU Blue	NU White	UEA
Wednesday	22/04/2026	1	3	TB Mustangs	8	Jets	Stars	TB Racers	Sprowston
Wednesday	22/04/2026	1	1	NU Blue	6	Red Knights	Sonics	Sirens	UEA
Wednesday	22/04/2026	1	2	NU White	7	Cromer Cobras	TB Colts	Premier	UEA
Tuesday	21/04/2026	2	11	TB Colts	9	Phoenix	TB Mustangs	NU Royal	Sprowston
Monday	20/04/2026	2	15	Cliff Park	13	Sonics	Black Knights	Venus	Open
Monday	20/04/2026	2	16	Sirens	14	NU Royal	NU Yellow	Hotshots	Open
Tuesday	21/04/2026	2	12	NU Yellow	10	Black Knights	Red Knights	Jets	UEA
Tuesday	21/04/2026	3	17	Blades	19	Premier	White Knights	Cromer Cobras	Open
Wednesday	22/04/2026	3	20	White Knights	18	Venus	Watton Wolves	Hornets	Hewett
Wednesday	22/04/2026	3	24	Icenians	22	Wrens	Belton	Doves	Open
Tuesday	21/04/2026	3	23	Hotshots	21	Belton	NU Ruby	TB Shetlands	Open
Tuesday	21/04/2026	4	30	Watton Wolves	28	Hethersett Rockets	Cliff Park	Wrens	UEA
Monday	20/04/2026	4	32	Red Hot Chillies	27	Falcons	Blades	Icenians	Sprowston
Wednesday	22/04/2026	4	26	TB Shetlands	31	Trailblazers	Hethersett Rockets	Red Hot Chillies	Sprowston
Wednesday	22/04/2026	4	25	NU Ruby	29	NCF Emerald	First Home Improvem	NU Amber	UEA
Thursday	23/04/2026	5	36	TB Fillies	37	First Home Improveme	NCF Emerald	Trailblazers	Sprowston
	#N/A	5	35	Gems	40	BYE WEEK	#N/A	#N/A	Hewett
Monday	20/04/2026	5	33	Hornets	38	NU Red	TB Fillies	Gems	Open
Tuesday	21/04/2026	5	34	NU Amber	39	Tigers	Falcons	Cromer Vipers	UEA
Monday	20/04/2026	6	44	Cromer Vipers	45	NCF Onyx	Tigers	Dragons	Hellesdon High
	#N/A	6	43	Trowse	48	BYE WEEK	#N/A	#N/A	
Tuesday	21/04/2026	6	46	Doves	41	Dragons	Trowse	TB Ponies	Sprowston
	#N/A	6	42	TB Ponies	47	BYE WEEK	#N/A	#N/A	

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27 April 2026 Wk 5



Day	Date	Div	Team Nu	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Wednesday	29/04/2026	1	3	TB Mustangs	7	Cromer Cobras	TB Racers	Red Knights	Sprowston
Wednesday	29/04/2026	1	8	Jets	1	NU Blue	TB Colts	Sirens	UEA
Wednesday	29/04/2026	1	2	NU White	4	Stars	Hotshots	NU Royal	UEA
Tuesday	28/04/2026	1	6	Red Knights	5	TB Racers	NU Blue	Premier	Hewett
Monday	27/04/2026	2	15	Cliff Park	9	Phoenix	NU Yellow	Sonics	Open
Tuesday	28/04/2026	2	12	NU Yellow	11	TB Colts	NU White	TB Mustangs	UEA
Tuesday	28/04/2026	2	13	Sonics	14	NU Royal	Stars	Jets	Open
Monday	27/04/2026	2	16	Sirens	10	Black Knights	Venus	White Knights	Open
Wednesday	29/04/2026	3	24	Icenians	19	Premier	NU Amber	TB Fillies	Open
Tuesday	28/04/2026	3	17	Blades	23	Hotshots	Cromer Cobras	Belton	Open
Wednesday	29/04/2026	3	20	White Knights	21	Belton	Black Knights	Hornets	Hewett
Tuesday	28/04/2026	3	22	Wrens	18	Venus	Watton Wolves	TB Shetlands	Open
Wednesday	29/04/2026	4	28	Hethersett Rockets	29	NCF Emerald	Trailblazers	Blades	Hellesdon High
Wednesday	29/04/2026	4	26	TB Shetlands	32	Red Hot Chillies	Wrens	Falcons	Sprowston
Tuesday	28/04/2026	4	27	Falcons	31	Trailblazers	Icenians	NU Ruby	City
Wednesday	29/04/2026	4	25	NU Ruby	30	Watton Wolves	Phoenix	Cliff Park	UEA
Monday	27/04/2026	5	35	Gems	39	Tigers	Hethersett Rockets	Doves	Hewett
0	#N/A	5	40	BYE WEEK	33	Hornets	#N/A	#N/A	0
Thursday	30/04/2026	5	36	TB Fillies	34	NU Amber	First Home Improvements	NU Red	Sprowston
Monday	27/04/2026	5	37	First Home Improvemer	38	NU Red	NCF Emerald	Red Hot Chillies	Open
0	#N/A	6	43	Trowse	47	BYE WEEK	#N/A	#N/A	
0	#N/A	6	48	BYE WEEK	41	Dragons	#N/A	#N/A	0
Monday	27/04/2026	6	44	Cromer Vipers	42	TB Ponies	NCF Onyx	Trowse	Hellesdon High
Tuesday	28/04/2026	6	46	Doves	45	NCF Onyx	Cromer Vipers	TB Ponies	Sprowston

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04 May 2026 Wk 6



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Wednesday	06/05/2026	1	8	Jets	5	TB Racers	TB Colts	Sonics	UEA
Tuesday	05/05/2026	1	4	Stars	3	TB Mustangs	NU Blue	Red Knights	UEA
Wednesday	06/05/2026	1	1	NU Blue	7	Cromer Cobras	NU Yellow	NU Royal	UEA
Wednesday	06/05/2026	1	2	NU White	6	Red Knights	Stars	TB Mustangs	UEA
Wednesday	06/05/2026	2	10	Black Knights	9	Phoenix	Hotshots	Premier	Hewett
Tuesday	05/05/2026	2	11	TB Colts	13	Sonics	NU White	TB Racers	Sprowston
Tuesday	05/05/2026	2	12	NU Yellow	14	NU Royal	Sirens	Jets	UEA
Wednesday	06/05/2026	2	15	Cliff Park	16	Sirens	Venus	Doves	Open
Tuesday	05/05/2026	3	17	Blades	24	Icenians	Cromer Cobras	Black Knights	Open
Tuesday	05/05/2026	3	23	Hotshots	18	Venus	Belton	NU Ruby	Open
Wednesday	06/05/2026	3	21	Belton	22	Wrens	White Knights	Blades	City
Tuesday	05/05/2026	3	19	Premier	20	White Knights	Hornets	TB Shetlands	Hellesdon High
Wednesday	06/05/2026	4	28	Hethersett Rockets	32	Red Hot Chillies	Watton Wolves	Icenians	Hellesdon High
Tuesday		4	30	Watton Wolves	27	Falcons	Phoenix	Cliff Park	UEA
Wednesday	06/05/2026	4	25	NU Ruby	31	Trailblazers	NCF Emerald	NU Amber	UEA
Thursday	07/05/2026	4	29	NCF Emerald	26	TB Shetlands	Wrens	Hethersett Rockets	Hellesdon High
0	#N/A	5	40	BYE WEEK	37	First Home Improveme	#N/A	#N/A	0
Thursday	07/05/2026	5	36	TB Fillies	35	Gems	Trailblazers	NU Red	Sprowston
Wednesday	06/05/2026	5	39	Tigers	33	Hornets	First Home Improvements	Dragons	Hellesdon High
Tuesday	05/05/2026	5	34	NU Amber	38	NU Red	TB Fillies	Gems	UEA
0	#N/A	6	48	BYE WEEK	45	NCF Onyx	#N/A	#N/A	0
Thursday	07/05/2026	6	43	Trowse	44	Cromer Vipers	Falcons	Tigers	Hellesdon High
	#N/A	6	41	Dragons	47	BYE WEEK	#N/A	#N/A	
Tuesday	05/05/2026	6	46	Doves	42	TB Ponies	Trowse	Cromer Vipers	Sprowston

Week Comm 11 May 2026 Wk 7



Day	Date	Div	Team Nu	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	11/05/2026	1	5	TB Racers	7	Cromer Cobras	NU Blue	Stars	Sprowston
Tuesday	12/05/2026	1	6	Red Knights	8	Jets	NU White	TB Mustangs	Hewett
Tuesday	12/05/2026	1	4	Stars	1	NU Blue	TB Racers	Sirens	UEA
Wednesday	13/05/2026	1	2	NU White	3	TB Mustangs	Red Knights	Jets	UEA
Monday	11/05/2026	2	16	Sirens	9	Phoenix	Black Knights	TB Colts	Open
Monday	11/05/2026	2	15	Cliff Park	14	NU Royal	NU Yellow	Sonics	Open
Tuesday	12/05/2026	2	13	Sonics	12	NU Yellow	NU Royal	Venus	Open
Tuesday	12/05/2026	2	11	TB Colts	10	Black Knights	Premier	NU Ruby	Sprowston
Wednesday	13/05/2026	3	20	White Knights	17	Blades	Cromer Cobras	Hotshots	Hewett
Wednesday	13/05/2026	3	24	Icenians	18	Venus	TB Shetlands	Watton Wolves	Open
Tuesday	12/05/2026	3	22	Wrens	23	Hotshots	White Knights	Belton	Open
Wednesday	13/05/2026	3	21	Belton	19	Premier	Hornets	Doves	City
Tuesday	12/05/2026	4	30	Watton Wolves	26	TB Shetlands	Blades	Icenians	UEA
wednesday	13/05/2026	4	28	Hethersett Rockets	31	Trailblazers	Phoenix	Cliff Park	Hellesdon High
Wednesday	13/05/2026	4	25	NU Ruby	32	Red Hot Chillies	Wrens	NCF Emerald	UEA
Tuesday	12/05/2026	4	27	Falcons	29	NCF Emerald	Hethersett Rockets	Trailblazers	City
Monday	11/05/2026	5	37	First Home Improvem	39	Tigers	NU Amber	Red Hot Chillies	Open
0	#N/A	5	40	BYE WEEK	38	NU Red	#N/A	#N/A	0
Thursday	14/05/2026	5	36	TB Fillies	33	Hornets	Gems	First Home Improvements	Sprowston
Tuesday	12/05/2026	5	34	NU Amber	35	Gems	Dragons	Tigers	UEA
0	#N/A	6	45	NCF Onyx	47	BYE WEEK	#N/A	#N/A	
0	#N/A	6	48	BYE WEEK	46	Doves	#N/A	#N/A	0
Monday	11/05/2026	6	44	Cromer Vipers	41	Dragons	NU Red	Falcons	Hellesdon High
Monday	11/05/2026	6	42	TB Ponies	43	Trowse	NCF Onyx	TB Fillies	Sprowston



Week Comm 18 May 2026 Wk 8

Day	Date	Div	Team No	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	18/05/2026	1	5	TB Racers		2 NU White	NU Blue	TB Mustangs	Sprowston
Tuesday	19/05/2026	1	4	Stars		8 Jets	NU White	TB Racers	UEA
Wednesday	20/05/2026	1	3	TB Mustangs		1 NU Blue	Stars	Red Knights	Sprowston
Tuesday	19/05/2026	1	6	Red Knights		7 Cromer Cobras	NU Yellow	NU Royal	Hewett
Monday	18/05/2026	2	10	Black Knights		14 NU Royal	Jets	Sonics	Hewett
Tuesday	19/05/2026	2	13	Sonics		9 Phoenix	Sirens	White Knights	Open
Tuesday	19/05/2026	2	11	TB Colts		15 Cliff Park	Hotshots	Doves	Sprowston
Monday	18/05/2026	2	16	Sirens		12 NU Yellow	Venus	Premier	Open
Tuesday	19/05/2026	3	22	Wrens		19 Premier	NU Ruby	Hornets	Open
Wednesday	20/05/2026	3	24	Icenians		21 Belton	Cromer Cobras	Watton Wolves	Open
Tuesday	19/05/2026	3	17	Blades		18 Venus	Belton	TB Shetlands	Open
Wednesday	20/05/2026	3	20	White Knights		23 Hotshots	Black Knights	TB Colts	Hewett
Wednesday	20/05/2026	4	26	TB Shetlands		25 NU Ruby	Wrens	Blades	Sprowston
Wednesday	20/05/2026	4	28	Hethersett Rockets		27 Falcons	Phoenix	Cliff Park	Hellesdon High
Tuesday	19/05/2026	4	30	Watton Wolves		29 NCF Emerald	Icenians	NU Red	UEA
Tuesday	19/05/2026	4	32	Red Hot Chillies		31 Trailblazers	Tigers	TB Fillies	Sprowston
Tuesday	19/05/2026	5	34	NU Amber		37 First Home Improvement	Falcons	Hethersett Rockets	UEA
0	#N/A	5	40	BYE WEEK		36 TB Fillies	#N/A	#N/A	0
Wednesday	20/05/2026	5	35	Gems		33 Hornets	NCF Emerald	Trailblazers	UEA
Monday	18/05/2026	5	38	NU Red		39 Tigers	First Home Improvements	Red Hot Chillies	UEA
Monday	18/05/2026	6	42	TB Ponies		45 NCF Onyx	Trowse	Dragons	Sprowston
0	#N/A	6	48	BYE WEEK		44 Cromer Vipers	#N/A	#N/A	0
Thursday	21/05/2026	6	43	Trowse		41 Dragons	TB Ponies	Cromer Vipers	Hellesdon High
0	#N/A	6	47	BYE WEEK		46 Doves	#N/A	#N/A	0

Week Comm 01 June 2026 Wk 9



Day	Date	Div	Team Nu	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	01/06/2026	1	5	TB Racers	1	NU Blue	Venus	Premier	Sprowston
Monday	01/06/2026	1	7	Cromer Cobras	4	Stars	Jets	TB Colts	Hellesdon High
Wednesday	03/06/2026	1	2	NU White	8	Jets	Sirens	Sonics	UEA
Wednesday	03/06/2026	1	3	TB Mustangs	6	Red Knights	NU Blue	Hotshots	Sprowston
Monday	01/06/2026	2	10	Black Knights	15	Cliff Park	NU Yellow	NU Royal	Hewett
Tuesday	02/06/2026	2	9	Phoenix	12	NU Yellow	Red Knights	TB Racers	UEA
Tuesday	02/06/2026	2	11	TB Colts	14	NU Royal	Black Knights	NU White	Sprowston
Tuesday	02/06/2026	2	13	Sonics	16	Sirens	TB Mustangs	Stars	Open
Tuesday	02/06/2026	3	18	Venus	21	Belton	Cromer Cobras	TB Shetlands	Open
Tuesday	02/06/2026	3	19	Premier	23	Hotshots	White Knights	Watton Wolves	Hellesdon High
Wednesday	03/06/2026	3	20	White Knights	24	Icenians	Belton	Doves	Hewett
Tuesday	02/06/2026	3	22	Wrens	17	Blades	Hornets	NU Red	Open
Monday	01/06/2026	4	26	TB Shetlands	28	Hethersett Rockets	Blades	Wrens	Sprowston
Wednesday	03/06/2026	4	32	Red Hot Chillies	30	Watton Wolves	Cliff Park	Phoenix	Sprowston
Thursday	04/06/2026	4	31	Trailblazers	29	NCF Emerald	Hethersett Rockets	Red Hot Chillies	Hellesdon High
Tuesday	02/06/2026	4	27	Falcons	25	NU Ruby	NCF Emerald	Icenians	City
Monday	01/06/2026	5	37	First Home Improvemen	33	Hornets	Tigers	TB Fillies	Open
Wednesday	03/06/2026	5	39	Tigers	36	TB Fillies	First Home Improvements	Gems	Hellesdon High
	#N/A	5	34	NU Amber	40	BYE WEEK	#N/A	#N/A	
Monday	01/06/2026	5	38	NU Red	35	Gems	NU Ruby	Trailblazers	UEA
Wednesday	03/06/2026	6	45	NCF Onyx	41	Dragons	Trowse	Cromer Vipers	Hellesdon High
	#N/A	6	47	BYE WEEK	44	Cromer Vipers	#N/A	#N/A	0
	#N/A	6	42	TB Ponies	48	BYE WEEK	#N/A	#N/A	
Tuesday	02/06/2026	6	46	Doves	43	Trowse	NCF Onyx	Dragons	Sprowston

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08 June 2026 Wk 10



Day	Date	Div	Team Nu	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	08/06/2026	1	7	Cromer Cobras	8	Jets	Sirens	Stars	Hellesdon High
Monday	08/06/2026	1	5	TB Racers	3	TB Mustangs	Red Knights	TB Colts	Sprowston
Tuesday	09/06/2026	1	6	Red Knights	4	Stars	Jets	NU Blue	Hewett
Wednesday	10/06/2026	1	2	NU White	1	NU Blue	NU Yellow	NU Royal	UEA
Tuesday	09/06/2026	2	12	NU Yellow	15	Cliff Park	NU White	TB Racers	UEA
Tuesday	09/06/2026	2	14	NU Royal	9	Phoenix	TB Mustangs	Sonics	Hellesdon High
Tuesday	09/06/2026	2	11	TB Colts	16	Sirens	NU Ruby	TB Shetlands	Sprowston
Monday	08/06/2026	2	10	Black Knights	13	Sonics	Venus	Premier	Hewett
Tuesday	09/06/2026	3	18	Venus	19	Premier	Cromer Cobras	Black Knights	Open
Wednesday	10/06/2026	3	20	White Knights	22	Wrens	Hotshots	Watton Wolves	Hewett
Tuesday	09/06/2026	3	23	Hotshots	24	Icenians	White Knights	Belton	Open
Monday	08/06/2026	3	21	Belton	17	Blades	Doves	Red Hot Chillies	Open
Wednesday	10/06/2026	4	25	NU Ruby	28	Hethersett Rockets	Phoenix	Cliff Park	UEA
Thursday	11/06/2026	4	31	Trailblazers	30	Watton Wolves	Wrens	Hethersett Rockets	Hellesdon High
Wednesday	10/06/2026	4	26	TB Shetlands	27	Falcons	Blades	Icenians	Sprowston
Wednesday	10/06/2026	4	29	NCF Emerald	32	Red Hot Chillies	Trailblazers	First Home Improvements	Hellesdon High
	#N/A	5	39	Tigers	40	BYE WEEK	#N/A	#N/A	
Monday	08/06/2026	5	37	First Home Improvemen	35	Gems	NCF Emerald	Hornets	Open
Monday	08/06/2026	5	38	NU Red	36	TB Fillies	NU Amber	Tigers	UEA
Tuesday	09/06/2026	5	34	NU Amber	33	Hornets	Gems	TB Fillies	UEA
0	#N/A	6	47	BYE WEEK	48	BYE WEEK	#N/A	#N/A	0
Thursday	11/06/2026	6	43	Trowse	45	NCF Onyx	NU Red	Dragons	Hellesdon High
Tuesday	09/06/2026	6	46	Doves	44	Cromer Vipers	TB Ponies	Trowse	Sprowston
Monday	08/06/2026	6	42	TB Ponies	41	Dragons	Cromer Vipers	NCF Onyx	Sprowston

Week Comm

15 June 2026 Wk 11



Day	Date	Div	Team No	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	15/06/2026	1	7	Cromer Cobras	2	NU White	NU Blue	TB Mustangs	Hellesdon High
Monday	15/06/2026	1	5	TB Racers	4	Stars	Red Knights	Jets	Sprowston
Wednesday	17/06/2026	1	8	Jets	3	TB Mustangs	NU White	Stars	UEA
Tuesday	16/06/2026	1	6	Red Knights	1	NU Blue	TB Racers	Sirens	Hewett
Tuesday	16/06/2026	2	9	Phoenix	11	TB Colts	Black Knights	NU Yellow	UEA
Monday	15/06/2026	2	10	Black Knights	12	NU Yellow	Sonics	TB Colts	Hewett
Monday	15/06/2026	2	14	NU Royal	16	Sirens	Venus	Premier	UEA
Tuesday	16/06/2026	2	13	Sonics	15	Cliff Park	NU Royal	Hotshots	Open
Tuesday	16/06/2026	3	19	Premier	17	Blades	Cromer Cobras	Belton	Hellesdon High
Tuesday	16/06/2026	3	18	Venus	20	White Knights	TB Shetlands	Watton Wolves	Open
Tuesday	16/06/2026	3	22	Wrens	24	Icenians	Hornets	NU Amber	Open
Monday	15/06/2026	3	21	Belton	23	Hotshots	White Knights	NU Ruby	Open
Thursday	18/06/2026	4	31	Trailblazers	26	TB Shetlands	Wrens	Hethersett Rockets	Hellesdon High
Wednesday	17/06/2026	4	28	Hethersett Rockets	30	Watton Wolves	Phoenix	Cliff Park	Hellesdon High
Wednesday	17/06/2026	4	29	NCF Emerald	25	NU Ruby	Trailblazers	Red Hot Chillies	Hellesdon High
Tuesday	16/06/2026	4	27	Falcons	32	Red Hot Chillies	NCF Emerald	First Home Improvements	City
Wednesday	17/06/2026	5	39	Tigers	34	NU Amber	TB Fillies	NU Red	UEA
Monday	15/06/2026	5	37	First Home Improvem	36	TB Fillies	Tigers	Icenians	Open
0	#N/A	5	40	BYE WEEK	35	Gems	#N/A	#N/A	0
Monday	15/06/2026	5	38	NU Red	33	Hornets	NCF Onyx	Cromer Vipers	UEA
0	#N/A	6	47	BYE WEEK	42	TB Ponies	#N/A	#N/A	0
Wednesday	17/06/2026	6	45	NCF Onyx	44	Cromer Vipers	Dragons	Doves	Hellesdon High
0	#N/A	6	48	BYE WEEK	43	Trowse	#N/A	Doves	0
Monday	15/06/2026	6	41	Dragons	46	Doves	TB Ponies	Trowse	Hellesdon High

Week Comm

22 June 2026 Wk 12



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	22/06/2026	1	5	TB Racers		6 Red Knights	NU Blue	Jets	Sprowston
Wednesday	24/06/2026	1	1	NU Blue		8 Jets	TB Mustangs	Hotshots	UEA
Tuesday	23/06/2026	1	4	Stars		2 NU White	TB Racers	Red Knights	UEA
Monday	22/06/2026	1	7	Cromer Cobras		3 TB Mustangs	Stars	NU White	Hellesdon High
Tuesday	23/06/2026	2	9	Phoenix		15 Cliff Park	Sonics	NU Royal	UEA
Monday	22/06/2026	2	14	NU Royal		13 Sonics	TB Colts	NU Yellow	UEA
Monday	22/06/2026	2	10	Black Knights		16 Sirens	Venus	Premier	Hewett
Tuesday	23/06/2026	2	11	TB Colts		12 NU Yellow	TB Shetlands	Sirens	Sprowston
Tuesday	23/06/2026	3	19	Premier		24 Icenians	Cromer Cobras	Black Knights	Hellesdon High
Tuesday	23/06/2026	3	18	Venus		22 Wrens	White Knights	Belton	Open
Tuesday	23/06/2026	3	23	Hotshots		17 Blades	Red Hot Chillies	Hornets	Open
Monday	22/06/2026	3	21	Belton		20 White Knights	Blades	NU Ruby	Open
Wednesday	24/06/2026	4	32	Red Hot Chillies		26 TB Shetlands	Phoenix	Cliff Park	Sprowston
Tuesday	23/06/2026	4	30	Watton Wolves		25 NU Ruby	Trailblazers	NCF Emerald	UEA
Wednesday	24/06/2026	4	29	NCF Emerald		28 Hethersett Rockets	Wrens	Icenians	Hellesdon High
Thursday	25/06/2026	4	31	Trailblazers		27 Falcons	Hethersett Rockets	Watton Wolves	Hellesdon High
Monday	22/06/2026	5	38	NU Red		37 First Home Improvements	Falcons	NU Amber	UEA
	#N/A	5	33	Hornets		40 BYE WEEK	#N/A	#N/A	0
Tuesday	23/06/2026	5	34	NU Amber		36 TB Fillies	NU Red	First Home Improvements	UEA
Wednesday	24/06/2026	5	39	Tigers		35 Gems	Trowse	Dragons	Hellesdon High
Wednesday	24/06/2026	6	45	NCF Onyx		46 Doves	TB Ponies	Cromer Vipers	Hellesdon High
	#N/A	6	41	Dragons		48 BYE WEEK			
Monday	22/06/2026	6	42	TB Ponies		44 Cromer Vipers	TB Fillies	Doves	Sprowston
0	#N/A	6	47	BYE WEEK		43 Trowse			0

Week Comm

29 June 2026 Wk 13



Day	Date	Div	Team Num	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	29/06/2026	1	7	Cromer Cobras	1	NU Blue	NU White	TB Mustangs	Hellesdon High
Monday	29/06/2026	1	5	TB Racers	8	Jets	Stars	Sonics	Sprowston
Wednesday	01/07/2026	1	3	TB Mustangs	4	Stars	TB Racers	Red Knights	Sprowston
Tuesday	30/06/2026	1	6	Red Knights	2	NU White	NU Blue	Jets	Hewett
Monday	29/06/2026	2	14	NU Royal	12	NU Yellow	Black Knights	TB Colts	UEA
Tuesday	30/06/2026	2	13	Sonics	11	TB Colts	Premier	NU Yellow	Open
Monday	29/06/2026	2	16	Sirens	15	Cliff Park	Venus	NU Ruby	Open
Tuesday	30/06/2026	2	9	Phoenix	10	Black Knights	NU Royal	Sirens	UEA
Wednesday	01/07/2026	3	24	Icenians	17	Blades	Cromer Cobras	Belton	Open
Tuesday	30/06/2026	3	18	Venus	23	Hotshots	Blades	White Knights	Open
Wednesday	01/07/2026	3	20	White Knights	19	Premier	Hotshots	Watton Wolves	Hewett
Tuesday	30/06/2026	3	22	Wrens	21	Belton	TB Shetlands	NU Amber	Open
Wednesday	01/07/2026	4	26	TB Shetlands	29	NCF Emerald	Phoenix	Cliff Park	Sprowston
Tuesday	30/06/2026	4	32	Red Hot Chillies	28	Hethersett Rockets	Icenians	NCF Emerald	Sprowston
Thursday	02/07/2026	4	31	Trailblazers	25	NU Ruby	Wrens	Hethersett Rockets	Hellesdon High
Tuesday	30/06/2026	4	27	Falcons	30	Watton Wolves	Trailblazers	Doves	City
Tuesday	30/06/2026	5	33	Hornets	39	Tigers	NU Red	TB Fillies	City
	#N/A	5	37	First Home Improvemer	40	BYE WEEK	#N/A	#N/A	
Wednesday	01/07/2026	5	35	Gems	36	TB Fillies	Hornets	Red Hot Chillies	UEA
Monday	29/06/2026	5	38	NU Red	34	NU Amber	Tigers	First Home Improveme	Hellesdon High
0	#N/A	6	47	BYE WEEK	41	Dragons	#N/A	#N/A	0
0	#N/A	6	45	NCF Onyx	48	BYE WEEK	#N/A	#N/A	Hellesdon High
Monday	29/06/2026	6	44	Cromer Vipers	43	Trowse	Dragons	NCF Onyx	Hellesdon High
Monday	29/06/2026	6	42	TB Ponies	46	Doves	Falcons	Gems	Sprowston

Week Comm

06 July 2026 Wk 14



Day	Date	Div	Team No	Home Team		Away Team	Umpire 1	Umpire 2	Venue
Monday	06/07/2026	1	7	Cromer Cobras	5	TB Racers	NU Blue	NU White	Hellesdon High
Wednesday	08/07/2026	1	1	NU Blue	4	Stars	Sirens	TB Racers	UEA
Wednesday	08/07/2026	1	3	TB Mustangs	2	NU White	NU Royal	NU Yellow	Sprowston
Wednesday	08/07/2026	1	8	Jets	6	Red Knights	Premier	Venus	UEA
Tuesday	07/07/2026	2	9	Phoenix	16	Sirens	TB Mustangs	Stars	UEA
Monday	06/07/2026	2	14	NU Royal	15	Cliff Park	Red Knights	Black Knights	UEA
Tuesday	07/07/2026	2	12	NU Yellow	13	Sonics	Jets	Hotshots	UEA
Wednesday	08/07/2026	2	10	Black Knights	11	TB Colts	Sonics	Doves	Hewett
Tuesday	07/07/2026	3	18	Venus	24	Icenians	Cromer Cobras	TB Colts	Open
Tuesday	07/07/2026	3	19	Premier	21	Belton	White Knights	TB Shetlands	Hellesdon High
Wednesday	08/07/2026	3	17	Blades	20	White Knights	Belton	NU Ruby	Hellesdon High
Wednesday	08/07/2026	3	23	Hotshots	22	Wrens	Hornets	NU Amber	Hellesdon High
Thursday	09/07/2026	4	31	Trailblazers	28	Hethersett Rockets	Wrens	Icenians	Hellesdon High
Wednesday	08/07/2026	4	26	TB Shetlands	30	Watton Wolves	Phoenix	Cliff Park	Sprowston
Tuesday	07/07/2026	4	32	Red Hot Chillies	25	NU Ruby	Blades	NCF Emerald	Sprowston
Wednesday	08/07/2026	4	29	NCF Emerald	27	Falcons	Hethersett Rockets	Trailblazers	Hellesdon High
Tuesday	07/07/2026	5	39	Tigers	37	First Home Improver	Watton Wolves	Gems	Hellesdon High
Monday	06/07/2026	5	33	Hornets	36	TB Fillies	Red Hot Chillies	First Home Improve	Open
Monday	06/07/2026	5	35	Gems	34	NU Amber	Trowse	Tigers	Hewett
	#N/A	5	38	NU Red	40	BYE WEEK	#N/A	#N/A	
0	#N/A	6	47	BYE WEEK	45	NCF Onyx	#N/A	#N/A	0
Monday	06/07/2026	6	41	Dragons	44	Cromer Vipers	Falcons	TB Ponies	Hellesdon High
Thursday	09/07/2026	6	43	Trowse	42	TB Ponies	Dragons	Cromer Vipers	Hellesdon High
	#N/A	6	46	Doves	48	BYE WEEK	N/A	N/A	0