

Week Comm 24 March 2025 Wk 1

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Wednesday	26/03/2025	1	Nu White	Stars	Premier	Sirens	Hellesdon High
Monday	24/03/2025	1	Black Knights	Red Knights	TB Racers	Stars	Hewett
Wednesday	26/03/2025	1	NU Blue	TB Mustang	Jets	NU Yellow	UEA
Tuesday	25/03/2025	1	Phoenix	TB Racers	Red Knights	Nu White	UEA
		1					
Tuesday	25/03/2025	2	NU Yellow	Jets	NU Blue	TB Mustang	Hellesdon High
Monday	24/03/2025	2	Cromer Cobras	Sonics	Venus	TB Shetlands	Hellesdon High
Tuesday	25/03/2025	2	Blades	Venus	Black Knights	NU Royal	Open
Monday	24/03/2025	2	NU Royal	TB Colts	Hotshots	Nu Ruby	Hellesdon High
		2					
Tuesday	25/03/2025	3	Premier	Belton	Cromer Cobras	TB Colts	Hellesdon High
Wednesday	26/03/2025	3	Wrens	TB Shetlands	Belton	Hornets	Open
Wednesday	26/03/2025	3	White Knights	Cliff Park	Cromer Vipers	Red Hot Chillies	Hewett
Tuesday	25/03/2025	3	Sirens	Nu Ruby	Sonics	White Knights	Open
		3					
Tuesday	25/03/2025	4	Nu Amber	Hethersett Rock	Cliff Park	NCF Emerald	Hellesdon High
Monday	24/03/2025	4	Hethersett Falcons	Hornets	Icenians	Thetford	Open
Tuesday	25/03/2025	4	Hotshots	Icenians	TB Fillies	TB ponies	Open
Wednesday	26/03/2025	4	NCF Emerald	Watton Wolves	First Home Improvements	Hethersett Rock	Hellesdon High
		4					
Monday	24/03/2025	5	Trowse Jaguars	TB Fillies	Blades	Wrens	Hellesdon High
Monday	24/03/2025	5	First Home Improvemen	TB ponies	Phoenix	Trailblazers	Open
Thursday	27/03/2025	5	Tigers	RHC	Hethersett Falcons	Dragons	Thorpe
Thursday	27/03/2025	5	Trailblazers	Gems	Trowse Jaguars	NCF Onyx	Hellesdon High
		6	BYE week	Dragons			
Monday	24/03/2025	6	Cromer Vipers	NCF Oynx	Watton Wolves	Nu Amber	Hellesdon High
Tuesday	25/03/2025	6	Thetford	NU Red	Tigers	Gems	Hewett

Week Comm

31 March 2025 Wk 2

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	01/04/2025	1	Red Knights	Stars	NU Blue	TB Racers	Hewett
Thursday	03/04/2025	1	TB Racers	Black Knights	TB Mustang	Red Knights	Thorpe
Wednesday	02/04/2025	1	NU Blue	Phoenix	Stars	Venus	UEA
Wednesday	02/04/2025	1	TB Mustang	Nu White	NU Royal	Jets	Hellesdon High
Tuesday	01/04/2025	2	TB Colts	Jets	Nu White	NU Yellow	Hellesdon High
Monday	31/03/2025	2	Cromer Cobras	Venus	TB Colts	Sirens	Hellesdon High
Tuesday	01/04/2025	2	Sonics	Blades	Premier	TB Shetlands	Hellesdon High
Monday	31/03/2025	2	NU Royal	NU Yellow	Black Knights	Hotshots	UEA
Wednesday	02/04/2025	3	TB Shetlands	Premier	Cromer Cobras	Sonics	Hellesdon High
Tuesday	01/04/2025	3	Wrens	Belton	Nu Ruby	Cromer Vipers	Open
Tuesday	01/04/2025	3	Sirens	Cliff Park	Thetford	Red Hot Chillies	Open
Monday	31/03/2025	3	Nu Ruby	White Knights	Belton	White Knights	UEA
Wednesday	02/04/2025	4	Icenians	Hethersett Falcons	Cliff Park	Hornets	Open
Tuesday	01/04/2025	4	Watton Wolves	Nu Amber	Icenians	NCF Emerald	Hellesdon High
Tuesday	01/04/2025	4	Hornets	Hotshots	Hethersett Rock	Trailblazers	Hellesdon High
Wednesday	02/04/2025	4	NCF Emerald	Hethersett Rock	Watton Wolves	Nu Amber	Hellesdon High
Monday	31/03/2025	5	First Home Improvement	TB Fillies	Phoenix	Blades	Open
Monday	31/03/2025	5	TB Ponies	Gems	Wrens	Trowse Jaguars	Open
Thursday	03/04/2025	5	Tigers	Trailblazers	Gems	First Home Improvements	Hellesdon High
Thursday	03/04/2025	5	Trowse Jaguars	Red Hot Chillies	Hethersett Falcons	TB Fillies	Hellesdon High
		6	Thetford	BYE week			
Tuesday	01/04/2025	6	Dragons	NCF Onyx	NU Red	TB ponies	Open
Monday	31/03/2025	6	NU Red	Cromer Vipers	NCF Onyx	Tigers	UEA

Week Comm

07 April 2025 Wk 3

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Monday	07/04/2025	1	Black Knights	Stars	TB Mustang	Venus	Hewett
Tuesday	08/04/2025	1	Red Knights	Nu White	NU Blue	TB Racers	Hewett
Wednesday	09/04/2025	1	NU Blue	TB Racers	Stars	NU Royal	UEA
Wednesday	09/04/2025	1	TB Mustang	Phoenix	Red Knights	Nu White	Hellesdon High
Tuesday	08/04/2025	2	NU Yellow	Cromer Cobras	Jets	Nu Ruby	UEA
Tuesday	08/04/2025	2	Venus	TB Colts	Sirens	Black Knights	Open
Tuesday	08/04/2025	2	Blades	NU Royal	TB Shetlands	Nu Amber	Open
Wednesday	09/04/2025	2	Jets	Sonics	Premier	TB Colts	UEA
Tuesday	08/04/2025	3	Premier	Wrens	Sonics	Belton	Hellesdon High
Monday	07/04/2025	3	Belton	TB Shetlands	Cromer Cobras	NU Yellow	Open
Wednesday	09/04/2025	3	White Knights	Sirens	Hotshots	Watton Wolves	Hewett
Monday	07/04/2025	3	Nu Ruby	Cliff Park	White Knights	Hornets	Hellesdon High
Tuesday	08/04/2025	4	Hotshots	Hethersett Falcons	Cliff Park	TB Fillies	Open
Monday	07/04/2025	4	Nu Amber	NCF Emerald	Blades	Hethersett Rock	UEA
Tuesday	08/04/2025	4	Watton Wolves	Hethersett Rock	NCF Emerald	First Home Improvement	Hellesdon High
Wednesday	09/04/2025	4	Icenians	Hornets	Cromer Vipers	Red Hot Chillies	Open
Monday	10/04/2025	5	TB ponies	TB Fillies	Phoenix	Wrens	Hellesdon High
Monday	07/04/2025	5	Trowse Jaguars	First Home Improvement	Hethersett Falcons	Gems	Hellesdon High
Thursday	10/04/2025	5	Gems	Tigers	Dragons	Trailblazers	Hewett
Monday	07/04/2025	5	Red Hot Chillies	Trailblazers	Thetford	Tigers	Thorpe
		6	BYE week	NU Red			
Monday	07/04/2025	6	Cromer Vipers	Dragons	NU Red	Icenians	Hellesdon High
Thursday	10/04/2025	6	Thetford	NCF Onyx	Trowse Jaguars	TB ponies	Hellesdon High

Week Comm

21 April 2025 Wk 4

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	22/04/2025	1	Phoenix	Red Knights	NU Blue	TB Racers	UEA
Wednesday	23/04/2025	1	TB Mustangs	Black Knights	Sirens	Red Knights	Old Catton
Wednesday	23/04/2025	1	Nu White	NU Blue	Stars	NU Yellow	UEA
Thursday	24/04/2025	1	TB Racers	Stars	TB Mustang	Nu White	Old Catton
Wednesday	23/04/2025	2	Jets	Venus	NU Royal	TB Colts	UEA
Tuesday	22/04/2025	2	NU Yellow	Blades	Black Knights	Venus	UEA
Tuesday	22/04/2025	2	Soniics	TB Colts	Jets	Nu Ruby	Hellesdon High
Tuesday	22/04/2025	2	Cromer Cobras	NU Royal	Premier	TB Fillies	Hellesdon High
Wednesday	23/04/2025	3	Premier	White Knights	Cromer Cobras	TB Shetlands	Hellesdon High
Thursday	24/04/2025	3	Cliff Park	Belton	Sonics	White Knights	UEA
Tuesday	22/04/2025	3	Sirens	TB Shetlands	Belton	Cliff Park	Open
Wednesday	23/04/2025	3	NU Ruby	Wrens	Hotshots	Hornets	UEA
Thursday	24/04/2025	4	Watton Wolves	Icenians	NCF Emerald	Hethersett Rock	Hellesdon High
Tuesday	22/04/2025	4	Nu Amber	Hotshots	Icenians	Red Hot Chillies	Hellesdon High
Tuesday	22/04/2025	4	Hethersett Rock	Hethersett Falcons	Watton Wolves	Tigers	Hellesdon High
Wednesday	23/04/2025	4	Hornets	NCF Emerald	Nu Amber	Trowse Jaguars	Open
Wednesday	23/04/2025	5	Trailblazers	First Home Improveme	Dragons	TB ponies	Hellesdon High
Thursday	24/04/2025	5	Red Hot Chillies	TB ponies	Blades	First Home Improve	Thorpe
Thursday	24/04/2025	5	Tigers	Trowse	NCF Onyx	Hethersett Falcons	UEA
Thursday	24/04/2025	5	Gems	TB Fillies	Thetford	Phoenix	Hewett
		6	BYE week	Cromer Vipers			
Tuesday	22/04/2025	6	NCF Onyx	NU Red	Gems	Trailblazers	Open
Tuesday	22/04/2025	6	Dragons	Thetford	Cromer Vipers	Wrens	Open

Week Comm

28 April 2025 Wk 5

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Wednesday	30/04/2025	1	TB Mustang	Stars	TB Racers	Red Knights	Old Catton
Monday	28/04/2025	1	Black Knights	NU Blue	Nu White	Stars	Hewett
Tuesday	29/04/2025	1	Red Knights	TB Racers	NU Blue	TB Mustang	Hewett
Wednesday	30/04/2025	1	Nu White	Phoenix	Premier	Venus	UEA
Tuesday	29/04/2025	2	Venus	NU Yellow	Black Knights	Jets	Open
Monday	28/04/2025	2	Cromer Cobras	Jets	Sirens	Hotshots	Hellesdon High
Tuesday	29/04/2025	2	Blades	TB Colts	TB Shetlands	Nu Ruby	Open
Tuesday	29/04/2025	2	Sonics	NU Royal	TB Fillies	TB ponies	Hellesdon High
Monday	28/04/2025	3	Cliff Park	Premier	NU Royal	TB Colts	Open
Monday	28/04/2025	3	Belton	White Knights	NU Yellow	Sonics	Open
Monday	28/04/2025	3	NU Ruby	TB Shetlands	Hornets	Watton Wolves	Hellesdon High
Tuesday	29/04/2025	3	Sirens	Wrens	Cromer Cobras	Belton	Hellesdon High
Wednesday	30/04/2025	4	Icenians	NCF Emerald	White Knights	Cliff Park	Open
Tuesday	29/04/2025	4	Hethersett Falcons	Nu Amber	Icenians	NCF Emerald	Open
Tuesday	29/04/2025	4	Hethersett Rock	Hotshots	Tigers	Red Hot Chillies	Hellesdon High
Tuesday	29/04/2025	4	Hornets	Watton Wolves	First Home Improvements	Trailblazers	Hellesdon High
Monday	28/04/2025	5	Red Hot Chillies	TB Fillies	Phoenix	Wrens	Thorpe
Thursday	01/05/2025	5	TB ponies	Tigers	Blades	Hethersett Falcons	Old Catton
Thursday	01/05/2025	5	Gems	First Home Improvements	Hethersett Rock	Nu Amber	Hewett
Monday	28/04/2025	5	Trowse Jaguars	Trailblazers	Gems	NU Red	Hellesdon High
		6	BYE week	NCF Onyx			
Thursday	01/05/2025	6	Dragons	NU Red	Trowse Jaguars	Thetford	Hellesdon High
Monday	28/04/2025	6	Cromer Vipers	Thetford	Dragons	NCF Onyx	Hellesdon High

Week Comm

05 May 2025 Wk 6

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Wednesday	07/05/2025	1	Black Knights	Phoenix	Red Knights	TB Mustang	Hewett
Tuesday	06/05/2025	1	Red Knights	TB Mustang	NU Blue	Stars	Hewett
Wednesday	07/05/2025	1	NU Blue	Stars	Venus	NU Royal	UEA
Wednesday	07/05/2025	1	Nu White	TB Racers	NU Yellow	Sirens	UEA
Tuesday	06/05/2025	2	Venus	NU Royal	TB Racers	Nu White	Open
Wednesday	07/05/2025	2	Jets	Blades	Black Knights	Hotshots	UEA
Tuesday	06/05/2025	2	Cromer Cobras	TB Colts	Jets	TB Shetlands	Hellesdon High
Tuesday	06/05/2025	2	NU Yellow	Sonics	Nu Ruby	White Knights	UEA
Tuesday	06/05/2025	3	Premier	Sirens	Belton	Thetford	Hellesdon High
Wednesday	07/05/2025	3	Belton	Nu Ruby	Cromer Cobras	TB Colts	Hellesdon High
Wednesday	07/05/2025	3	TB Shetlands	White Knights	Sonics	Premier	Old Catton
Tuesday	06/05/2025	3	Wrens	Cliff Park	Nu Amber	Cromer Vipers	Open
Wednesday	07/05/2025	4	Icenians	Nu Amber	Cliff Park	Hornets	Open
Tuesday	06/05/2025	4	Watton Wolves	Hotshots	Icenians	NCF Emerald	Hellesdon High
Tuesday	06/05/2025	4	Hornets	Hetherset Rock	Tigers	Trowse Jaguars	Hellesdon High
Wednesday	07/05/2025	4	NCF Emerald	Hetherset Falcons	Watton Wolves	Hetherset Rock	Hellesdon High
Tuesday	06/05/2025	5	TB ponies	Trailblazers	Phoenix	Hetherset Falcons	Old Catton
Tuesday	06/05/2025	5	First Home Improvemer	Red Hot Chillies	Blades	Gems	Open
Thursday	08/05/2025	5	TB Fillies	Tigers	Red Hot Chillies	TB ponies	Old Catton
Thursday	08/05/2025	5	Gems	Trowse Jaguars	Wrens	First Home Improvements	Hewett
		6	BYE week	Dragons			
Thursday	08/05/2025	6	NCF Onyx	Cromer Vipers	NU Red	Dragons	Hellesdon High
Wednesday	07/05/2025	6	NU Red	Thetford	Trailblazers	TB Fillies	Hellesdon High

Week Comm

12 May 2025 Wk 7

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	13/05/2025	1	Phoenix	Stars	Nu White	TB Racers	UEA
Monday	12/05/2025	1	Black Knights	Nu White	Red Knights	Stars	Hewett
Tuesday	13/05/2025	1	Red Knights	NU Blue	TB Mustang	NU Royal	Hewett
Thursday	15/05/2025	1	TB Racers	TB Mustang	NU Blue	Venus	Old Catton
Tuesday	13/05/2025	2	Sonics	Venus	Jets	Sirens	Hellesdon High
Tuesday	13/05/2025	2	NU Yellow	TB Colts	Black Knights	TB Shetlands	UEA
Tuesday	13/05/2025	2	Blades	Cromer Cobras	Cliff Park	TB Fillies	Open
Monday	12/05/2025	2	NU Royal	Jets	NU Yellow	Premier	Hellesdon High
Tuesday	13/05/2025	3	Premier	Nu Ruby	Belton	White Knights	Hellesdon High
Monday	12/05/2025	3	Belton	Sirens	Cromer Cobras	TB Colts	Open
Wednesday	14/05/2025	3	TB Shetlands	Cliff Park	Sonics	Nu Ruby	Old Catton
Wednesday	14/05/2025	3	White Knights	Wrens	Hornets	Hotshots	Hewett
Tuesday	13/05/2025	4	Watton Wolves	Hethersett Falcons	Icenians	Red Hot Chillies	Hellesdon High
Monday	12/05/2025	4	Hethersett Rock	Icenians	NCF Emerald	Watton Wolves	Hellesdon High
Tuesday	13/05/2025	4	Hornets	Nu Amber	Cromer Vipers	Hethersett Rock	Hellesdon High
Tuesday	13/05/2025	4	Hotshots	NCF Emerald	Tigers	First Home Improvements	Open
Wednesday	14/05/2025	5	Trailblazers	TB Fillies	Phoenix	Blades	Hellesdon High
Monday	12/05/2025	5	TB ponies	Trowse Jaguars	Wrens	Hethersett Falcons	Old Catton
Monday	12/05/2025	5	First Home Improvem	Tigers	Nu Amber	Gems	Open
Thursday	15/05/2025	5	Gems	Red Hot Chillies	Trailblazers	Trowse Jaguars	Hewett
		6	Thetford	BYE week			
Thursday	15/05/2025	6	Dragons	NCF Onyx	TB ponies	Thetford	Hellesdon High
Monday	12/05/2025	6	NU Red	Cromer Vipers	Dragons	NCF Onyx	Hellesdon High

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19 May 2025 Wk 8

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Thursday	22/05/2025	1	TB Racers	Phoenix	Red Knights	Stars	Hellesdon High
Tuesday	20/05/2025	1	Red Knights	Black Knights	TB Racers	Sirens	Hewett
Wednesday	21/05/2025	1	TB Mustang	NU Blue	Nu White	Venus	Old Catton
Tuesday	20/05/2025	1	Stars	Nu White	NU Blue	TB Mustang	UEA
					#N/A		
Tuesday	20/05/2025	2	TB Colts	NU Royal	Jets	NU Yellow	Old Catton
Tuesday	20/05/2025	2	Venus	Blades	Premier	Hotshots	Open
Wednesday	21/05/2025	2	Jets	NU Yellow	Black Knights	NU Royal	UEA
Tuesday	20/05/2025	2	Sonics	Cromer Cobras	TB Shetlands	Nu Ruby	Hellesdon High
Monday	19/05/2025	3	Belton	Premier	Cromer Cobras	TB Colts	Open
Wednesday	21/05/2025	3	TB Shetlands	Wrens	Sonics	Belton	Hellesdon High
Monday	19/05/2025	3	Cliff Park	White Knights	Hornets	Thetford	Open
Monday	19/05/2025	3	NU Ruby	Sirens	Nu Amber	TB Fillies	Hellesdon High
Wednesday	21/05/2025	4	Hornets	Hethersett Falcons	White Knights	Cliff Park	Open
Wednesday	21/05/2025	4	Icenians	Hotshots	Hethersett Rock	Red Hot Chillies	Open
Wednesday	21/05/2025	4	Watton Wolves	NCF Emerald	Cromer Vipers	Tigers	Hellesdon High
Tuesday	20/05/2025	4	Hethersett Rock	Nu Amber	Icenians	NCF Emerald	Hellesdon High
Thursday	22/05/2025	5	Gems	Trailblazers	Blades	Hethersett Falcons	Hewett
Thursday	22/05/2025	5	TB Ponies	First Home Improveme	Wrens	NU Red	Thorpe
Monday	19/05/2025	5	RHC	Tigers	Phoenix	Gems	Thorpe
Thursday	22/05/2025	5	TB Fillies	Trowse Jaguars	Watton Wolves	Dragons	Old Catton
		6	BYE week	NU Red			
Monday	19/05/2025	6	Cromer Vipers	Dragons	First Home Improvements	Trowse Jaguars	Hellesdon High
Tuesday	20/05/2025	6	Thetford	NCF Onyx	Trailblazers	TB ponies	Hellesdon High

Week Comm

02 June 2025 Wk 9

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	03/06/2025	1	Phoenix	NU Blue	TB Racers	TB Mustang	UEA
Tuesday	03/06/2025	1	Stars	Red Knights	Nu White	Venus	UEA
Monday	02/06/2025	1	Black Knights	TB Racers	NU Blue	Red Knights	Hewett
Wednesday	04/06/2025	1	NU White	TB Mustang	NU Yellow	NU Royal	UEA
Tuesday	03/06/2025	2	NU Yellow	NU Royal	Jets	TB Colts	UEA
Monday	02/06/2025	2	Venus	Cromer Cobras	Stars	Hotshots	Thorpe
Wednesday	04/06/2025	2	Jets	TB Colts	Black Knights	Premier	UEA
Tuesday	03/06/2025	2	Blades	Sonics	Sirens	Nu Ruby	Open
Tuesday	03/06/2025	3	Premier	TB Shetlands	Cromer Cobras	Belton	Hellesdon High
Monday	02/06/2025	3	Belton	Wrens	Sonics	TB Shetlands	Open
Monday	02/06/2025	3	Cliff Park	Sirens	White Knights	Watton Wolves	Open
Wednesday	04/06/2025	3	White Knights	Nu Ruby	Cliff Park	Hornets	Hewett
Tuesday	03/06/2025	4	Hethersett Falcons	Icenians	Tigers	TB Fillies	Open
Tuesday	03/06/2025	4	NU Amber	Watton Wolves	First Home Improvements	Cromer Vipers	Hellesdon High
Tuesday	03/06/2025	4	Hethersett Rock	NCF Emerald	NU Red	Trailblazers	Hellesdon High
Tuesday	03/06/2025	4	Hotshots	Hornets	Red Hot Chillies	TB ponies	Open
Wednesday	04/06/2025	5	Trailblazers	Tigers	Blades	Icenians	Hellesdon High
Monday	02/06/2025	5	TB Fillies	First Home Improvements	NCF Emerald	Hethersett Rock	Hellesdon High
Thursday	05/06/2025	5	Gems	TB Ponies	Phoenix	Hethersett Falcons	Hewett
Thursday	05/06/2025	5	Red Hot Chillies	Trowse Jaguars	Wrens	Nu Amber	Thorpe
		6	BYE week	Cromer Vipers			
Thursday	05/06/2025	6	NCF Onyx	NU Red	Dragons	Thetford	Hellesdon High
Tuesday	03/06/2025	6	Thetford	Dragons	Gems	Trowse Jaguars	Hewett

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09 June 2025 Wk 10

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	10/06/2025	1	Stars	Black Knights	Nu White	Red Knights	UEA
Tuesday	10/06/2025	1	Phoenix	TB Mustang	TB Racers	NU Blue	UEA
Wednesday	11/06/2025	1	Nu White	Red Knights	Stars	TB Mustang	UEA
Thursday	12/06/2025	1	TB Racers	NU Blue	Venus	Sirens	Old Catton
Monday	09/06/2025	2	Cromer Cobras	NU Yellow	Black Knights	Jets	Hellesdon High
Tuesday	10/06/2025	2	TB Colts	Venus	NU Royal	NU Yellow	Old Catton
Tuesday	10/06/2025	2	Sonics	Jets	TB Shetlands	TB Fillies	Hellesdon High
Monday	09/06/2025	2	NU Royal	Blades	TB Colts	Premier	Hellesdon High
Tuesday	10/06/2025	3	Wrens	Premier	Cromer Cobras	Belton	Open
Wednesday	11/06/2025	3	TB Shetlands	Belton	Sonics	White Knights	Hellesdon High
Tuesday	10/06/2025	3	Sirens	White Knights	Cliff Park	Nu Ruby	Open
Monday	09/06/2025	3	Cliff Park	NU Ruby	Hornets	Hotshots	Open
Tuesday	10/06/2025	4	Hornets	Icenians	Nu Amber	Tigers	Hellesdon High
Tuesday	10/06/2025	4	Hethersett Rock	Watton Wolves	Red Hot Chillies	First Home Improvements	Hellesdon High
Tuesday	10/06/2025	4	Hethersett Falcons	Hotshots	NCF Emerald	TB ponies	Open
Wednesday	11/06/2025	4	NCF Emerald	Nu Amber	Icenians	Hethersett Rock	Hellesdon High
Wednesday	11/06/2025	5	TB Fillies	TB ponies	Dragons	Blades	Old Catton
Thursday	12/06/2025	5	Trailblazers	Red Hot Chillies	Wrens	Watton Wolves	Hellesdon High
Monday	09/06/2025	5	First Home Improvemer	Trowse Jaguars	Gems	Trailblazers	Open
Thursday	12/06/2025	5	Tigers	Gems	Hethersett Falcons	Trowse Jaguars	Thorpe
		6	BYE week	NCF Onyx			
Monday	09/06/2025	6	NU RED	Dragons	Phoenix	Thetford	Helesdon High
Tuesday	10/06/2025	6	Thetford	Cromer Vipers	NCF Onyx	NU Red	Hewett

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16 June 2025 Wk 11

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	17/06/2025	1	Stars	TB Racers	NU Blue	Nu White	UEA
Tuesday	17/06/2025	1	Red Knights	Phoenix	TB Mustang	NU Royal	Hewett
Monday	16/06/2025	1	Black Knights	TB Mustang	Stars	TB Racers	Hewett
Wednesday	18/06/2025	1	NU Blue	Nu White	Red Knights	Venus	UEA
Tuesday	17/06/2025	2	Venus	Jets	Sirens	NU Yellow	Open
Monday	16/06/2025	2	NU Royal	Cromer Cobras	Jets	TB Colts	UEA
Tuesday	17/06/2025	2	TB Colts	Sonics	Premier	TB Shetlands	Old Catton
Wednesday	18/06/2025	2	Blades	NU Yellow	Black Knights	Hotshots	Open
Wednesday	18/06/2025	3	White Knights	Premier	Cromer Cobras	Red Hot Chillies	Hewett
Monday	16/06/2025	3	Belton	Cliff Park	Sonics	White Knights	Open
Wednesday	18/06/2025	3	TB Shetlands	Sirens	Belton	TB Fillies	Old Catton
Wednesday	18/06/2025	3	Wrens	Nu Ruby	Cliff Park	TB ponies	Open
Tuesday	17/06/2025	4	Hethersett Falcons	Hethersett Rock	Nu Ruby	NU Red	Open
Wednesday	18/06/2025	4	Icenians	Watton Wolves	Hethersett Rock	Nu Amber	Open
Wednesday	18/06/2025	4	NCF Emerald	Hornets	Tigers	First Home Improvements	Hellesdon High
Tuesday	17/06/2025	4	Hotshots	Nu Amber	Icenians	NCF Emerald	Open
Thursday	19/06/2025	5	TB Fillies	Gems	Hethersett Falcons	Watton Wolves	Old Catton
Monday	16/06/2025	5	First Home Improvements	Trailblazers	Phoenix	Gems	Open
Monday	16/06/2025	5	TB ponies	Red Hot Chillies	Blades	Trowse Jaguars	Old Catton
Thursday	19/06/2025	5	Trowse Jaguars	Tigers	Wrens	Thetford	UEA
		6	BYE week	Dragons			
Thursday	19/06/2025	6	NCF Onyx	Cromer Vipers	Dragons	Trailblazers	Hellesdon High
Monday	16/06/2025	6	NU Red	Thetford	NCF Onyx	Hornets	UEA

Week Comm

23 June 2025 Wk 12

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	24/06/2025	1	Phoenix	Nu White	NU Blue	Red Knights	UEA
Wednesday	25/06/2025	1	NU Blue	Black Knights	Nu White	TB Racers	UEA
Thursday	26/06/2025	1	TB Racers	Red Knights	TB Mustang	Stars	Old Catton
Tuesday	24/06/2025	1	Stars	TB Mustangs	NU Royal	Jets	Hellesdon High
Tuesday	24/06/2025	2	NU Yellow	Venus	Black Knights	Nu Ruby	UEA
Tuesday	24/06/2025	2	TB Colts	Blades	Nu Amber	TB Shetlands	Old Catton
Monday	23/06/2025	2	NU Royal	Sonics	Venus	TB Colts	UEA
Wednesday	25/06/2025	2	Jets	Cromer Cobras	NU Yellow	Premier	UEA
Tuesday	24/06/2025	3	Premier	Cliff Park	Cromer Cobras	Belton	Open
Wednesday	25/06/2025	3	White Knights	Belton	Sonics	Sirens	Hewett
Wednesday	25/06/2025	3	TB Shetlands	Nu Ruby	Cliff Park	Hotshots	Old Catton
Tuesday	24/06/2025	3	Wrens	Sirens	White Knights	Thetford	Open
Monday	23/06/2025	4	Nu Amber	Hethersett Falcons	Hornets	Icenians	UEA
Tuesday	24/06/2025	4	Watton Wolves	Hornets	NCF Emerald	Red Hot Chillies	Hellesdon High
Wednesday	25/06/2025	4	NCF Emerald	Icenians	Watton Wolves	Hethersett Rock	Hellesdon High
Tuesday	24/06/2025	4	Hotshots	Hethersett Rock	Cromer Vipers	First Home Improvements	Open
Thursday	26/06/2025	5	Trailblazers	Trowse Jaguars	Wrens	Tigers	Hellesdon High
Tuesday	24/06/2025	5	Tigers	TB ponies	Hethersett Falcons	Gems	Hellesdon High
Monday	23/06/2025	5	First Home Improvemer	Gems	Phoenix	TB ponies	Open
Monday	23/06/2025	5	TB Fillies	Red Hot Chillies	Blades	Trowse Jaguars	Hellesdon High
		6	Thetford	BYE week			
Tuesday	24/06/2025	6	NCF Oynx	Dragons	TB Fillies	NU Red	Hellesdon High
Monday	23/06/2025	6	NU Red	Cromer Vipers	Trailblazers	NCF Onyx	Hellesdon High

Week Comm

30 June 2025 Wk 13

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	01/07/2025	1	Stars	NU Blue	TB Mustang	Red Knights	UEA
Tuesday	01/07/2025	1	Phoenix	Black Knights	Nu White	TB Racers	UEA
Wednesday	02/07/2025	1	TB Mustang	Red Knights	Stars	NU Blue	Old Catton
Thursday	03/07/2025	1	Tb Racers	NU White	Venus	Sirens	Old Catton
Tuesday	01/07/2025	2	TB Colts	Cromer Cobras	NU Royal	Premier	Old Catton
Tuesday	01/07/2025	2	Blades	Jets	TB Shetlands	Hotshots	Open
Tuesday	01/07/2025	2	Sonics	NU Yellow	Nu Ruby	Nu Amber	Hellesdon High
Monday	30/06/2025	2	NU Royal	Venus	Black Knights	Jets	UEA
Monday	30/06/2025	3	Sirens	Premier	Cromer Cobras	Cromer Vipers	Open
Monday	30/06/2025	3	Nu Ruby	Belton	TB Colts	White Knights	Hellesdon High
Wednesday	02/07/2025	3	White Knights	TB Shetlands	NU Yellow	Cliff Park	Hewett
Monday	30/06/2025	3	Cliff Park	Wrens	Sonics	Watton Wolves	Open
Tuesday	01/07/2025	4	Hethersett Falcons	NCF Emerald	Icenians	Red Hot Chillies	Open
Monday	30/06/2025	4	Nu Amber	Icenians	Hornets	NCF Emerald	UEA
Tuesday	01/07/2025	4	Hethersett Rock	Hornets	Belton	Tigers	Hellesdon High
Wednesday	02/07/2025	4	Hotshots	Watton Wolves	Hethersett Rock	First Home Improveme	Open
Thursday	03/07/2025	5	Tigers	TB Fillies	Phoenix	Wrens	Thorpe
Thursday	03/07/2025	5	Trailblazers	TB ponies	Blades	Gems	Hellesdon High
Monday	30/06/2025	5	Red Hot Chillies	First Home Improvements	Hethersett Falcons	NU Red	Thorpe
Monday	30/06/2025	5	Trowse Jaguars	Gems	Trailblazers	NCF Onyx	Hellesdon High
		6	BYE week	NU Red			
Monday	30/06/2025	6	Cromer Vipers	Dragons	TB Fillies	TB ponies	Hellesdon High
Thursday	03/07/2025	6	Thetford	NCF Onyx	Trowse Jaguars	Dragons	UEA

Week Comm

07 July 2025 Wk 14

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
Tuesday	08/07/2025	1	Stars	Phoenix	NU Blue	TB Racers	UEA
Wednesday	09/07/2025	1	NU Blue	Red Knights	Stars	Sirens	UEA
Wednesday	09/07/2025	1	TB Mustang	TB Racers	Venus	NU Yellow	Old Catton
Wednesday	09/07/2025	1	Nu White	Black Knights	TB Colts	Premier	UEA
Tuesday	08/07/2025	2	Venus	Sonics	Nu White	TB Mustang	Open
Tuesday	08/07/2025	2	TB Colts	NU Yellow	Red Knights	Black Knights	Old Catton
Monday	07/07/2025	2	Cromer Cobras	Blades	NU Royal	Jets	Hellesdon High
Wednesday	09/07/2025	2	Jets	NU Royal	TB Shetlands	Nu Ruby	UEA
Monday	07/07/2025	3	Nu Ruby	Premier	Sonics	Hotshots	Hellesdon High
Tuesday	08/07/2025	3	Sirens	Belton	Cromer Cobras	Cliff Park	Open
Monday	07/07/2025	3	Cliff Park	TB Shetlands	Belton	Thetford	Open
Tuesday	08/07/2025	3	Wrens	White Knights	White Knights	Hornets	Open
Wednesday	09/07/2025	4	Icenians	Hethersett Rock	Watton Wolves	Tigers	Open
Monday	07/07/2025	4	Hethersett Falcons	Watton Wolves	Icenians	NCF Emerald	Open
Monday	07/07/2025	4	Nu Amber	Hornets	Hethersett Rock	Cromer Vipers	UEA
Wednesday	09/07/2025	4	NCF Emerald	Hotshots	Nu Amber	Red Hot Chillies	Hellesdon High
Thursday	10/07/2025	5	TB Fillies	Trailblazers	Phoenix	Hethersett Falcons	Old Catton
Thursday	10/07/2025	5	Tigers	First Home Improvemen	Blades	Gems	Hellesdon High
Monday	07/07/2025	5	Red Hot Chillies	Gems	Wrens	TB Fillies	Thorpe
Monday	07/07/2025	5	Trowse Jaguars	TB ponies	First Home Improvements	Trailblazers	Hellesdon High
		6	BYE week	Cromer Vipers			
Tuesday	08/07/2025	6	NCF Onyx	NU Red	Trowse Jaguars	TB ponies	Hellesdon High
Tuesday	08/07/2025	6	Dragons	Thetford	NU Red	NCF Onyx	Hellesdon High

Week Comm

14 July 2025 Wk 15

Day	Date	Div	Home Team	Away Team	Umpire 1	Umpire 2	Venue
		6	BYE week	NCF Oynx			
Tuesday	15/07/2025	6	Dragons	NU Red	League to Supply	League to Supply	Hellesdon High
Tuesday	15/07/2025	6	Cromer Vipers	Thetford	League to Supply	League to Supply	Hellesdon High